

## Spices Everyday, Everyway

Instant Gourmet/LaMarche Enterprises, Inc.

Wow 'em with flavor. Instant Gourmet is the everyday, everyway spice for meats, poultry, veggies, sauces, soups, salads and more. Instant Gourmet spice blends are also the healthy choice, made from fine herbs, spices and vegetables—dried and packed fresh with no MSG or preservatives. Select from six distinctive, award-winning spices: The Original, Grande Southwest, Rustic Italiano, Caribbean Isles, Awake-a-Steak and Butter Blast. These robust herb-and-spice blends are “every chef’s favorite.” *Contact: Phil LaMarche, Instant Gourmet/LaMarche Enterprises, Inc., 4227 Lake Ave., Palm Harbor, FL 34684; 727.944.3226; plamarc1@tampabay.rr.com; www.instantgourmentspices.com.*

